

I understand that I have been blessed with the opportunity to participate in sports. There are many choices that I will face as a student-athlete, and I pledge to live and play by the standards of the

4HG STUDENT CODE OF CONDUCT

Whether at practice or in competition, I commit to:

- ✦ Have an attitude of **GRATITUDE**. I will be thankful for the opportunity to participate in sports and acknowledge the blessings that God has provided.
- ✦ Possess the **GRIT** necessary to stay the course. I will always give my best effort, attack each day with enthusiasm, and persevere through adversity so as to honor my commitment as an athlete and the commitment of the entire team.
- ✦ Choose to exhibit **BRAVERY**. I will use the talents God has given to participate fully, try new things, and win or lose with class so that I may demonstrate faith in His plan.
- ✦ Play with **TEAMWORK** as a driving force. I will represent the school properly, respect my family's name and legacy, and put the team before self by having charity for all.
- ✦ Act from a position of **HUMILITY**. I will be coachable, allow others to shine, and respect my opponents and teammates with the promise that I understand the true purpose of athletics and commit to play them **FOR HIS GLORY**.

4HG ATHLETE PRAYER

My Jesus
I play for Your glory.
Win or lose, may I always do my
best and remember that my worth
is always found in You.
Holy Spirit, play through me.
Amen.

4HG STUDENT-ATHLETE

DATE

4HG PARENT

DATE