

# St. Joseph School



## Playground Rules

2019-2020

- ✚ The staff of Saint Joseph School believes outdoor play is an important part of the school day.
- ✚ We believe active outdoor play encourages cooperation among children.
- ✚ We believe playing in the fresh air sharpens the mind and helps prevent childhood obesity.
- ✚ We think recess is such an important part of the school day that we will go outside everyday for some outdoor play unless there is heavy rain, lightening or temperatures/wind-chill below 0°.
- ✚ All children should come to school prepared to play outside for part of the school day.

### **General Rules**

1. Take turns.
2. Praise others (no put downs).
3. Use good language (no cursing or name calling).
4. Invite others to join your game.
5. No jumping on or tackling others.
6. Do not shove, push, trip or fight with others.
7. Listen to playground supervisors.  
Immediately stop play when the whistle blows.
8. Tag means a gentle touch.
9. Only adults can go off the playground to retrieve a ball.
10. Take in all play equipment after each recess. No equipment may be taken out after school.
11. Do not throw balls against the building.





## **Playground Peace**

1. Ignore...If that doesn't work...
2. Move Away...If that doesn't work...
3. Talk Friendly...If that doesn't work...
4. Talk Firmly...If that doesn't work...
5. Get Adult Help.

## **Chip Area**

1. Leave chips and landscape rocks on the ground.
2. Check clothing for chips before returning to the building.



## **Snow**

1. Do not throw snow or ice chunks and no whitewashing.
2. No playing in the snow without snow pants, boots, mittens and hat.
3. Check clothing for snow before coming into the building.



## **Fair Weather Games**

1. Take turns with jump ropes.
2. Invite others to join in jump rope games.
3. No regular (hard) bats and balls allowed other than supervised phy-ed classes.





## **Climbing Area**

1. Climb one direction on monkey bars.
2. Do not climb on top of posts and ladder top platform.
3. Take turns and stand clear of others.

## **Swing Area**

1. Swing one at a time.
2. Swing vertically up and down (no side-to-side swinging).
3. Hang swing chains straight (not twisted).
4. Don't jump off swings in mid-air.



## **Slide Area**

1. Slide one person at a time.
2. Go down the slide on your bottom with feet first.



## **General Game Rules**

1. Play in designated area (no playing on the church lawn or around the dumpster).
2. Stay away from other peoples' games.
3. Do not play violent games.
4. Play active games. Recess is an exercise period, so no knitting, reading, writing, drawing or cards.
5. Play in designated area (no playing on the church lawn or around the dumpster).
6. Stay away from other peoples' games.

